

भारतीय सर्वेक्षण विभाग SURVEY OF INDIA



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भारत के महासर्वेक्षक का कार्यालय Office of the Surveyor General of India हाथीबढ्कला एस्टेट, डाक बक्स सं. 37 Hathibarkala Estate, Post Box No. 37 देहरादून - 248 001 (उत्तराखण्ड), भारत DEHRADUN - 248 001 (UTTARAKHAND), INDIA

## Departmental Order No. CG-128/2158-RSB Dated 9 April, 2018

Lt. Col. Suman Kumar Sarkar, Deputy Surveyor General, Surveyor General's Office, Survey of India, Dehradun is hereby nominated as a Nodal Officer for observation of "International Day of Yoga (IDY)" to be celebrated on 21<sup>st</sup> June to encourage the staff/officers of Survey of India as directed vide Secretary, Ministry of AYUSH D.O. No. S-11012/07/2018-Y&N Cell Dated 08.03.2018.

You are therefore, requested to take necessary action as per guidelines issued by Ministry of AYUSH. A copy of same is being enclosed herewith for your information and compliance. It is also requested to forward a copy of the Action Plan and action taken report thereon may also be forwarded to this office at the earliest.

This issues with the approval of Surveyor General of India.

U.S. Prasad

Encls: As above.

(Uday Shanker Prasad) Deputy Surveyor General For Surveyor General of India

## Distributions to:

- (i) The Secretary to Govt. of India, Ministry of AYUSH- w.r.t. their D.O. letter mentioned aforesaid for information, please.
- (ii) The Secretary to Govt. of India, Ministry of Science and Technology, (Deptt. of Science & Technology), Technology Bhavan, New Mehrauli Road, New Delhi –(Kind Attn. Shri Akhil Sahai, SO, SMP, DST)
- (iii) The Addl. SGs: Northern Zone, Chandigarh / Eastern Zone, Kolkata / Western Zone, Jaipur/Southern Zone, Bangalore/ Central Zone, Jabalpur / North-Eastern Zone, Shillong /Indian Institute of Surveying & Mapping, Hyderabad / Printing Zone, Dehradun / Specialized Zone, Dehradun.
- (iv) The Directors: Maharashtra & Goa GD/Rajasthan GDC/Andhra Pradesh GDC/East Uttar Pradesh GDC / Madhya Pradesh GDC/West UP & Uttarakhand GDC/Punjab, Chandigarh & Haryana GDC/Jammu & Kashmir GDC/Himachal Pradesh GDC/Assam & Nagaland GDC/Meghalaya & Arunachal Pradesh GDC / Tripura, Manipur & Mizoram GDC/BiharGDC/ West Bengal & Sikkim GDC / Orissa GDC / Jharkhand GDC/ Chhattisgarh GDC/ Gujarat, Daman & Diu GDC / Karnataka GDC/ Tamilnadu, Pondicherry and Andaman & Nicobar Islands GDC / Kerala & Lakshadweep GDC /Survey (Air) and Delhi GD / Geographical Informatics System & Remote Sensing Directorate / National Geo-spatial Data Centre/ Geodetic & Research Branch /MA&DC (B&P)/National Spatial Data Infrastructure/International Boundary Directorate/ Digital Mapping Centre / Eastern Printing Group/Southern Printing Group/Western Printing Group / Northern Printing Group/

E&AO (A) SGO.

(v) Lt. Col. Suman Kumar Sarkar, Deputy Surveyor General, Surveyor General's Office, Survey of India, Dehra dun for compliance.

(vi) I/C Survey of India Website, C/o National GDC, Dehradun for information, He is requested to place a copy of this letter on the Survey of India website.



वैद्य राजेश कोटेचा

Vaidya Rajesh Kotecha

महासर्वेक्षक कार्यालय

जे॰ सी॰ एमः/J.C.M.

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## एक कदम स्वच्छता की ओर

सचिव

भारत सरकार

आयुर्वेद, योग व प्राकृतिक चिकित्सा यूनानी, सिद्ध एवं होम्योपैथी (आयुष) मंत्रालय आयुष भवन, 'बी' ब्लाक, जी.पी.ओ. कॉम्पलेक्स, आई.एन.ए., नई दिल्ली-110023

## SECRETARY

**GOVERNMENT OF INDIA** MINISTRY OF AYURVEDA, YOGA & NATUROPATHY UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) AYUSH BHAWAN, B-BLOCK, GPO COMPLEX INA, NEW DELHI-110023

Tel.: 011-24651950, Fax: 01124651937

Surveyor General's Office Fax Diary No. 449...... Date 22.3.18

Dear Poet. Sharmani,

Dated: 08th March, 2018

It is a pleasure to write to you regarding the International Day of Yoga(IDY). As you are aware, 21st June is observed as IDY every year. This practice started in 2015, when at the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision to declare 21st June as the International Day of Yoga. As you would agree, this worldwide acceptance of Yoga is a matter of pride for our country, as Yoga is an integral part of our cultural and spiritual heritage.

I am happy to convey that the preparations for 4<sup>th</sup> International Day of Yoga which falls on 21<sup>st</sup> June, 2018 is already under way. The Ministry of AYUSH hopes to take the momentum created by IDY 2015, 2016 and 2017 further forward. The Ministry's aim is to bring more citizens into the fold of the activities of IDY 2018 than the previous years, thereby spreading the rewards of Yoga in terms of physical and emotional well-being among all sections of our society. Government servants and other stake-holders of the different Ministries/ Departments are an important target group that this Ministry hopes to rope in, into the Yoga movement. I am writing to you to seek your support in this national effort. I would request you to carry out advance planning and preparations for the observation of IDY on 21st June, 2018. The central event of IDY, as in the previous years, would be the Mass Yoga Demonstration based on the Common Yoga Protocol (CYP). However, the objective of this exercise is not just a one-day celebration - it aims to make all participants aware of the immense JS(A) Nay nominate.

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Deligated. rewards that the pursuit of Yoga can bring to the individual and the family,

and thereby inspire them to continue the practice of Yoga beyond Yoga Day. The CYP is a 45 minutes sequence of Yoga excercises designed by Yoga experts in the country with the objective of maximising the well-being of the people. Details of the CYP in the formats of e-book and video may be downloaded from the website yoga.ayush.gov.in.

- All Ministries/Departments have various staff welfare programmes, and dovetailing of IDY- 2018 into these can be considered. I would be grateful if you could issue necessary instructions to all officers of your Ministry/Department and attached & subordinate offices located in different parts of the country to prepare a detailed action plan for celebrating the International Day of Yoga, 2018. A Nodal Officer of your Ministry/Department may kindly be nominated and details communicated to Dr. I. N. Acharya, Joint Advisor(Yoga), Ministry of AYUSH (Tel: 24656863; e-mail: yoganaturopathycell@gmail.com) for seamless coordination. The Ministry of AYUSH would be keen to hear about the activities and best practices that the other Ministries/Departments put in place for IDY-2018.
- 4. The Government's aim is to make Yoga an integral part of the citizens' lifestyle and thereby secure a healthy life for all. I seek your support in making the International Day of Yoga 2018 a highly participated event in your Ministry/Department and also request you to organise Mass Yoga Demonstrations based on the CYP on 21<sup>st</sup> June, 2018 from 7:00 AM to 8:00 AM, and to encourage the staff/officers and main stake-holders of the Ministry/Department to participate in the same.

with regards,

Yours sincerely

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(Rajesh Kotecha)

Prof. Ashutosh Sharma, Secretary, Department of Science & Technology, Ministry of Science & Technology, Technology Bhavan, New Mehrauli Road, New Delhi – 110016